



Snapshot of our semester in *Performance Dance*

7th GRADE PERFORMANCE DANCE (A DAY, SECOND SEMESTER)

- ~ Students will utilize and further enhance understanding and implementation of the elements of dance within teacher, as well as student directed choreography; Students will be exposed to dance through unique lessons beyond "performance" in the capacity of literacy, community outreach, and more
- ~ Students will continue to enhance and develop basic technique in various styles of dance; Students will be briefly introduced to the UltraBarre® Dance conditioning program to support their development in dance
- ~ Students will have the opportunity to perform and participate in a variety of school dance-related programs to further enhance and improve upon their performance skills; Stay tuned for dates!!

8th GRADE PERFORMANCE DANCE (B DAY, FIRST SEMESTER)

- ~ Students will further develop their choreography skills in both teacher and student directed dance choreography, while continuing to develop peer assessment skills; Students will continue to be exposed to dance "beyond the classroom" through various measures
- ~ Students will be introduced to the UltraBarre® Dance conditioning program as part of their regular class warm up, which will continue to develop various health related fitness components that supports the improvement of their dance performance
- ~ Students will have the opportunity to perform and participate in a variety of school dance-related programs to further enhance and improve upon their performance skills; Stay tuned for dates!!